

# Assignment

Due: April 11, 2023

## I. Thesis Statement

1. Jogging is a multifaceted form of exercise that has a positive impact on physical health, as it helps prevent heart disease, certain types of cancer, and can aid in the treatment of diabetes.
2. Our school is an ideal place for students to thrive academically due to a combination of competent teachers, state-of-the-art facilities, and a conducive learning environment.
3. Automated election systems are a more efficient and cost-effective method for conducting elections because they reduce costs, increase speed, and enable digital archiving of results.
4. Korean pop has gained worldwide popularity for its unique approach to audio-visual elements that incorporate synchronized dance formation and colorful passion, making it a distinctive and influential force in the global music industry.
5. The internet is being used for intellectual property violations, online harassment, and the spread of pornography, creating a toxic online environment that must be addressed.

## II. Topic Sentence

1. To withdraw cash from an ATM, you need to follow a few simple steps.
2. To effectively manage your tasks and achieve success, it is important to follow a few simple steps.
3. A computer system is made up of different parts that work together to do particular tasks.
4. Malware, or malicious software, can cause significant damage to a computer system.
5. When it comes to food, color can play a significant role in our appetite.

## III. Supporting Ideas

### 1. Music Helps Us While Studying

- Listening to music while studying can help improve focus and concentration.
- Studying can be a stressful experience, but listening to music can help reduce stress levels.

- Music can also help boost productivity levels while studying.
- 2. **Lack of sleep has negative effects on your appearance.**
  - Dark circles under the eyes are a common symptom of lack of sleep.
  - Lack of sleep can make skin dull and dry, leading to fine lines and wrinkles.
  - Lack of sleep often results in puffy eyes and pale skin.
- 3. **Smart phones are useful in our studies.**
  - Smartphones allow students to access information conveniently and quickly.
  - Smartphones can help students stay organized and manage their time effectively.
  - Smartphones can facilitate collaborative learning among students.
- 4. **Teachers function as parents in school.**
  - Teachers understand that students need emotional support, just like parents.
  - Teachers not only teach academic subjects but also provide guidance on life skills.
  - Teachers enforce rules and consequences in the classroom, just like parents do at home.
- 5. **Using the light-rail transit (LRT) for commuting is practical.**
  - The LRT is an efficient mode of transportation that can save a lot of time for commuters, especially during rush hours when traffic is high.
  - Compared to other modes of transportation, the LRT is a more affordable option for daily commuting.
  - Using the LRT for commuting is an eco-friendly option as it reduces air pollution, greenhouse gas emissions, and noise pollution.

#### IV. Overall

1. **Facebook**
  - **Question:** What are the negative psychological effects of Facebook?
  - **THS:** The widespread use of Facebook has been linked to a variety of negative psychological effects, including increased feelings of depression and anxiety, decreased self-esteem, and addiction.
  - **Topic sentence:**
    - Using Facebook too much can cause depression and anxiety.
    - The use of Facebook has been found to have negative effects on self-esteem.
    - Facebook can be addictive. Facebook use linked to addictive behavior in some individuals.
2. **Absenteeism**
  - **Question:** What is the problem of absenteeism in students?

- **THS:** The problem of absenteeism in students is a significant issue that negatively impacts academic performance, social development, and future success.
- **Topic sentence:**
  - Absenteeism among students negatively affects their academic performance.
  - Absenteeism harms personal and professional growth and society.
  - Student absenteeism can adversely impact future success.

### 3. **Online Game Addiction**

- **Question:** What is video game addiction?
- **THS:** Video game addiction results from excessive and compulsive use, leading to negative effects on physical, emotional, and social wellbeing.
- **TS:**
  - Video game addiction is caused by excessive and compulsive use, which can have negative effects on an individual's physical health.
  - Excessive and compulsive use of video games can negatively impact an individual's emotional wellbeing, leading to addiction.
  - Social wellbeing can be negatively impacted by excessive and compulsive use of video games.

### 4. **Alcohol Drinking**

- **Question:** What happens to your body when you drink alcohol?
- **THS:** Consuming alcohol has a profound effect on the human body, including impaired cognitive function, decreased reaction time, and an elevated risk of liver disease.
- **TS:**
  - Drinking alcohol leads to impaired cognitive function.
  - Consumption of alcohol can result in decreased reaction time.
  - The risk of liver disease and other health complications is increased by alcohol consumption.

### 5. **Drug Abuse**

- **Q:** How to prevent drug abuse?
- **THS:** Preventing drug abuse can be achieved through community education, increasing access to addiction treatment and support, and implementing policies and laws that address the root causes of drug addiction.
- **TS:**

- Educating communities about the dangers of addiction can prevent drug abuse.
- Increased access to addiction treatment and support helps prevent drug abuse.
- Addressing root causes of addiction through policies and laws can prevent drug abuse.

## 6. **Philippine Elections**

- **Q:** How is the election in the Philippines?
- **THS:** The Philippines' current election is a very important event that will decide the future direction of the country's politics and economy.
- **TS:**
  - The current election will have a major impact on the Philippines' political landscape.
  - The outcome of the election will determine the country's future economic development.
  - This election is a critical event that will shape the Philippines' future for years to come.